



## FACA 2004–2005 Board of Directors

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## New FACA Board Member

Richard Harju surprised and delighted the audience and especially the FACA Board at the May program by actually volunteering to serve on the FACA Board of Directors. The FACA Board has been in dire need of new members for quite some time.

Richard Harju lives in Mounds View and is originally from the Iron Range area. He was born in Hibbing, but attended school in Nashwauk, Minnesota. He is a retired engineer from 3M, and has been on many committees. He feels it is his duty to serve others, especially now that he is retired and has more time to do so. He and his wife Doris have 3 children: one in Minnesota, one in Chicago and one in Washington D.C., and 7 grandchildren.



Many, many thanks to Richard for volunteering!!

If you would like to follow Richard's example and serve as a board member, contact any member of the FACA board. Andreas Ostenso, a busy doctor who serves as the FACA treasurer, commented at the FACA program that he was pleasantly surprised at how easy it was to serve on the board. It is not as much work as you think, he said, and it is actually quite enjoyable. There is a monthly meeting, and a few other assignments to fulfill during the month, depending on your position.

Al Norgard will be staying on for a 4<sup>th</sup> year, since no one else offered to take his place. Luella Zibell will continue as secretary, bringing her service on the board up to 6 years.

## Embarrass Centennial Book

Embarrass, Minnesota marks its centennial with a limited edition, 120 page pictorial history that captures the special character, values and heritage of the community. Starting with the earliest years, *Impressions of Embarrass, 1905-2005* provides glimpses into the everyday lives of generations of residents at work and at play. Contributing writers include Marvin G. Lamma and Michael J. Koop.

The book, published jointly by the Town of Embarrass and Sisu Heritage, will be available on June 1 and is priced at \$27.95, tax included. It may be ordered through the town clerk, 218-984-2084. Order forms are also available at [www.embarrass.org](http://www.embarrass.org)

# Summer Calendar

## June

**May 20–Aug. 20** Marimekko exhibit at the Rochester Art Center at 40 Civic Center Drive S.E., Rochester. Comprising more than 150 examples of fabric, clothing, accessories, and architecture, the Marimekko exhibition explores the creation and rise of the Marimekko brand and its unique philosophy. It also introduces the foremost Marimekko designers and explores the key role played by women in creating the company's successful lifestyle concept. For information, see the website at [www.rochesterartcenter.org](http://www.rochesterartcenter.org) or call Tom Weber at 507-285-7710.

**June 13–Aug. 19** Daniel Karvonen, Finnish teacher at the University of Minnesota, will teach an intensive beginning Finnish course this summer, which covers a year's worth in ten weeks. Anyone interested can contact Dan directly at 612-626-1651, or by email at [karvo001@umn.edu](mailto:karvo001@umn.edu).

**June 13–18** Finnish Family Week will be held at Salolampi Finnish Language Village. Families participate in all Salolampi summer activities: learning Finnish language and culture through language groups, stories, games, crafts, meals and hikes. Some activities are offered just for children, some just for adults, and some for everyone. Call 800-450-2214 for details and registration forms, or see [www.salolampi.org](http://www.salolampi.org).

**June 20–25** Salolampi Finnish Language Village youth session for ages 7–14. Enjoy language classes for all levels, cultural presentations, lots of music, great counselors from Finland and the U.S., Finnish crafts, food, games, sports, and lots of great friends. Call 800-222-4750 or see the website at [www.salolampi.org](http://www.salolampi.org) for more information or to get an application.

**June 25, Sat.** Cokato Finnish-American Historical Society's Midsummer Potluck Picnic at Temperance Corners (3 miles north of Hwy 12 on Co. Rd. 3), Cokato, from 4 p.m. to nightfall. Enjoy Finnish music, *kokko* (bonfire), displays and tours. For more details see the website at [www.cokato.mn.us/cmhs/fahs.html](http://www.cokato.mn.us/cmhs/fahs.html).

**June 24–26** Celebrate the unique cultures of Denmark, Finland, Iceland, Norway, Sweden and Scandinavian America and experience the finest in Nordic entertainment, arts, traditions and contemporary cultures at the Scandinavian Hjemkomst Festival in Fargo and Moorhead.



Tap your toes to rhythmic folk dances and music from Scandinavian Folk to the new Nordic Sound; taste mouthwatering ethnic foods; discover intricate skills behind Scandinavian arts; enjoy the many colors of Nordic folk costumes; explore genealogy resources; experience magical storytellers and family Traditions Tour programs; purchase handmade treasures and imports; discover the famous Icelandic horses and sheep; visit with Vikings of old in the Viking Village; learn how to cook Nordic-style and MORE...

Ruth MacKenzie, Finnish entertainment for Hjemkomst Festival!

The Scandinavian Hjemkomst Festival is dedicated to our friends and relatives who have gone before us. Their spirits continue to inspire us today to celebrate our heritages and share our cultural roots with our communities. For more information, see the website at [www.scandinavianhjemkomstfestival.org](http://www.scandinavianhjemkomstfestival.org).

**June 27–July 9** Salolampi 2 week youth session for ages 11–18. Call 800-222-4750 or see the website at [www.salolampi.org](http://www.salolampi.org) for more information or to get an application..

**June 27–July 23** Salolampi 4 week credit session for High School students. Call 800-222-4750 or see the website at [www.salolampi.org](http://www.salolampi.org) for more information or to get an application.



# July

**July 11–23** Salolampi 2 week youth session for ages 8–13. Call 800-222-4750 or see the website at [www.salolampi.org](http://www.salolampi.org) for more information or to get an application.

**July 15, Fri.** Sommerfest, Marshall Field's Day of Music Free Concert, at 8:00 p.m. at Orchestra Hall. The Minnesota Orchestra, directed by Osmo Vänskä, will perform Grieg's *Peer Gynt Suite No. 2*, Sibelius's *Six Humoresques for Violin and Orchestra*, and Beethoven's *Symphony No. 8*. For more information, see [www.minnesotaorchestra.org](http://www.minnesotaorchestra.org).

**July 16, Sat.** Sommerfest, People's Choice Concert, at 8:00 p.m. at Orchestra Hall with Osmo Vänskä as conductor and Pekka Kuusisto on violin. Osmo Vänskä conducts this unique evening of favorites chosen by an online-voting public, featuring Finnish violinist Pekka Kuusisto. Concert-goers are encouraged to participate at [www.minnesotaorchestra.org](http://www.minnesotaorchestra.org). Tickets are from \$15 to \$36. More information from [www.minnesotaorchestra.org](http://www.minnesotaorchestra.org).

**July 17, Sun.** Chamber Music with Finnish violinist, Pekka Kuusisto, and members of the Minnesota Orchestra, at 7:00 p.m. at Orchestra Hall in Minneapolis. Tickets are \$15. For more information, see [www.minnesotaorchestra.org](http://www.minnesotaorchestra.org).

**July 22, Fri.** FACA and Ralph Tuttila bring you the Finnish music event of the summer—Karelian folk ensemble, *Sattuma*, at the International Institute, 1694 Como Ave., St. Paul, at 7:30 p.m. Spirited Finnish folk songs, romantic Russian waltzes and spry Scandinavian *polkas* are all on tap when the folk quartet *Sattuma* performs. The band returns to the U.S. this summer after two successful tours in New England in 2003 & 2004. The group consists of Arto Rinne and his 15-year-old daughter Eila, and Dima Demin and his 12-year-old son Vlad. All multi-talented musicians, they perform traditional dance melodies and songs of both



Russia & Finland on fiddles, accordion, clarinet, flutes, jaw harp, harmonica, Estonian bagpipes and the Finnish folk instruments known as the kantele and jouhikko. *Sattuma* hails from Karelia, a region of Russia which borders Finland and which retains a strong Finnish heritage. The group's name comes from a Finnish word meaning either "happstance" or "to hit the mark," depending on how it's used. Arto and Dima, no strangers to the Midwest, were members of the folk group *Myllärit*. Rinne and his ensemble are noted folk musicians, who have researched archival and folk sources, and whose expertise in folk instruments ranges from constructing their own instruments to innovation on traditional tunes. They have been recognized for their scholarly and artistic interpretations of the Finno-Ugric tradition. Admission is \$12 at the door and \$10 for advance sales for FACA members. Send check to Ralph Tuttila at 2074 Highwood Ave., St. Paul, MN 55119. Children under 12 are free. Refreshments will be served. For more details call Ralph Tuttila at 651-578-0156 or email him at [raulit@msn.com](mailto:raulit@msn.com). You can also see *Sattuma's* website at <http://heninen.net/sattuma/soittajat/english.htm>.

**July 31, Sun** Chamber Music with Osmo Vänskä on the clarinet and Andrew Litton on the piano, at 7:00 p.m. at Orchestra Hall in Minneapolis, conducted by Mischa Santora. They will be joined by members of the Minnesota Orchestra. Program will include Beethoven's *Trio in B-flat major for Piano, Clarinet and Cello, Opus 11* and Schoenberg's *Pierrot Lunaire*. Tickets are \$15. More information from [www.minnesotaorchestra.org](http://www.minnesotaorchestra.org).



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## Of interest?

Read the Washington Post's *Finland Journal* at: <http://www.helsinginsanomat.fi/english/article/1101979670025>

# August

**Aug. 10–14** Finn GrandFest 2005 in Marquette, Michigan. Joint Canadian-US Finnish festival. Aug. 10: Opening ceremonies and parade. Everyday: *tori* (marketplace), programs and lectures, concerts, sporting events, and dances. Aug. 11: Gala concert featuring the world premiere of the Concerto for Orchestra and Double Bass by Finnish composer Jukka Linkola. Aug. 12: “Five Women” play opens, Finn Hall Variety show. Aug. 13: The world’s largest sauna, golf scramble, and a banquet and dance in the evening. Aug. 14: Worship services in Finnish and English, Finnish-African Gospel Mass, and the closing ceremonies. For more details and updates, or to register online, see [www.finngrandfest2005.com](http://www.finngrandfest2005.com). To contact the committee, email [info@finngrandfest2005.com](mailto:info@finngrandfest2005.com).



## FACA Membership

A one-year membership provides you with eight issues of this newsletter for \$25. To subscribe or renew, complete this form and mail with your check to FACA, P.O. Box 580708, Minneapolis, MN 55458-0708. (Check mailing label for membership expiration date.)

Name \_\_\_\_\_  
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City/State/Zip \_\_\_\_\_  
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Email \_\_\_\_\_

**Aug. 19–Sept. 4** *Helsingin Juhlaviikot*, the Helsinki Festival, Finland’s biggest festival, will be held in Helsinki, Finland. Its multi-art program features music, dance, theatre, visual arts, cinema and events for children. The unique festival landmark, the Huvila Festival Tent specializing in world music and jazz, celebrates its 10th anniversary this year. Among the stars of this year’s Festival are conductor Esa-Pekka Salonen, singer Eva Dahlgren, choreographer Pina Bausch, violinist Christian Tetzlaff and painter Marlene Dumas. For a detailed program and more information, see [www.helsinki.fi](http://www.helsinki.fi).

**Aug. 30–Oct. 6** “Boundary Crossings: “Temporal Dialogues in Finnish Landscape Photography” photo exhibition at the Katherine E. Nash Gallery (Regis Center for Art, U of M West Bank). The exhibition features J. G. Granö’s photographs from early 20th-century Russian Siberia (from the collection of the Finnish Literature Society). The work of three contemporary photographers, Jorma Puranen, Pentti Sammallahti and Taneli Eskola, expands upon Granö’s classical work by revisiting the North and East in Russia and Finland. The exhibition is organized by the Government of Finland/David and Nancy Speer Professorship in Finnish Studies at the University of Minnesota and curated by Dr. Taneli Eskola (University of Art and Design Helsinki). A public reception is scheduled for Friday, September 9, from 6–8:30 pm. Gallery hours are Tues. & Wed., 10 a.m.–4 p.m.; Thurs., Fri. & Sat., 10 a.m.–8 p.m., entrance is free of charge. For more information about the exhibition and its artists, please log on to [www.esc.umn.edu](http://www.esc.umn.edu).

## Conversational Finnish Class

Tuesdays  
4:30 to 6:00 p.m.  
St. Anthony Library  
Corner of Como and  
Carter Ave. in St. Paul  
Everyone is welcome.  
For more information,  
please call Floyd Niskanen  
at 763-540-0121.

# September

**Sept. 6–Dec. 14** Finnish classes at the University of Minnesota this Fall. The classes are: Beginning Finnish (FIN 1001/4001, 5 credits/2 credits)— Mon., Tues., Thurs., 4:40–6:05 p.m.; Intermediate Finnish (FIN 1003/4003, 5 credits/2 credits)— Tues., Thurs., 6:30–8:50 p.m.; Advanced Finnish (FIN 3012, 3 credits)—Mon., 6:20–8:50 p.m. Non-degree-seeking students can register under the 4001 and 4003 designators for two credits and reduced tuition. More info can be found online at: [http://onestop.umn.edu/onestop/zredirect/Class\\_Schedule.html](http://onestop.umn.edu/onestop/zredirect/Class_Schedule.html), select “Fall 2005” under “Term” and “Finnish” under “Subject.”

## Sept. 11–16

Salolampi Finnish Language Village Fall Adult Week. Come sharpen your Finnish language skills, learn Finnish crafts, dances and songs, see Finnish films, and listen to presentations about culture and history. The cooking staff will delight you with new Finnish foods



filled with herbs and flavor, as well as traditional Finnish delicacies. The sauna will be warmed almost every night, and you can choose to take a dip in Turtle River Lake...or not. The cost is \$455 (\$355 for commuters). Travel and Finder’s fee scholarships may be available. For information and scholarship details, call 800-450-2214 or see [www.salolampi.org](http://www.salolampi.org).

## Sept. 16–18

Salolampi Fall Work Weekend at Salolampi Finnish Language Village near Bemidji. Come clean, paint, cut wood, etc. while enjoying nightly entertainment, Finnish films, Finnish food and the sauna, free of charge. To sign up, contact Milo Laitinen at 218-564-4266 or [laitinen@wcta.net](mailto:laitinen@wcta.net).

## Sept. 17, Sat.

Finnish conductor of the Minnesota Orchestra, Osmo Vänskä, opens the performance season with a concert featuring Beethoven, Adams and Ravel. For tickets, call 612-371-5642 or check the website at [minnesotaorchestra.org](http://minnesotaorchestra.org).

**Sept. 23–24** International academic symposium “Picture, Place, and Power” explores the themes and ideas of the Boundary Crossings exhibition on display at the University of Minnesota’s Katherine E. Nash Gallery (8/30–10/6). The symposium takes place in the In/Flux Space adjacent to the Nash Gallery at the Regis Center for Art (U of M West Bank). Among the Finnish highlights of the interdisciplinary symposium program is a session about “The (Contested) Finnish National Landscapes,” featuring Maunu Häyrynen (University of Turku at Pori); Petri J. Raivo (North Karelia Polytechnic at Joensuu), and Paul Wilson (U of M Department of Art History). The past and new Government of Finland/David and Nancy Speer Visiting Professors, Pauliina Raento and Juha Suoranta, and the Curator of the Boundary Crossings exhibition, Dr. Taneli Eskola, will participate in the symposium. Please consult the final program of the symposium at [www.esc.umn.edu](http://www.esc.umn.edu) in September. Participation is open and free of charge. Welcome!



## VOLUNTEER OPPORTUNITIES

FACA needs your ideas and your helping hand. If you can help with any of the committees or events, please return this form. Thanks!

- |                                      |  |
|--------------------------------------|--|
| <input type="checkbox"/> Program     | <input type="checkbox"/> Meeting Hospitality |
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Return to FACA, P.O. Box 580708, Minneapolis, MN 55458-0708 or bring to the next program.

## Pieniä Paloja

•According to a radio program on NPR aired in April 2005, people who are part of a club or a group live longer. Being a part of more than one group is even better. People not part of a group are as likely to die early as smokers. Now you can tell your friends—**JOIN FACA, it's good for your health!**

•Many *kiitoksia* to **Urho and Pam Rahkola** who were our coffee hosts for the May FACA program. The refreshments were wonderful and plentiful.

•We wish a speedy recovery to our FACA secretary **Luella Zibell** who had angioplasty on May 18.

•Thanks to FinnStyle owner **Ben Horn** and employees **Elina, Allison, and Sanni** for a great FACA program in May. It was both entertaining and informational. For information on FinnStyle, see their website at [www.finnstyle.com](http://www.finnstyle.com) or call 612-341-4075 or toll-free 1-866-FINNISH.

•This year marks the 850th anniversary of the land-fall of **Christianity in Finland**. A relationship that has lasted this long has naturally affected the church itself, but in particular it has left its mark on Finland and the Finns. Finland is a Western Christian country. Church towers and steeples are seen in the landscape, the blue and white flag flying in the church yard. Religion influences the language and culture and Finland. It shapes the thinking and living of the Finns.

•**Finnish productivity growth** topped that of the United States in 2004, business daily *Kaupparehti* reported in its web edition recently, citing a report by the Conference Board, a US-based non-profit market research organization. Robert McGuckin, one of the authors of the Conference Board's report titled 'Performance 2005: Productivity, Employment and Income in the World's Economies', told the paper that productivity in the land of Nokia had picked up because of the skillful use of new technology in wireless telecommunications and other fields. According to the research agency, Finland's productivity grew by 3.4 per cent last year against 3.1 per cent in the US. From 2000 until 2003 Finnish productivity growth fell behind that in the US, the report adds.

•**Beatrice Ojakangas** has been awarded the 2005 James Beard Foundation Cookbook Hall of Fame Award for her new cookbook, *The Great Scandinavian Baking Book*. Check your local bookstore, or to order call 773-702-7000 or see [www.upress.umn](http://www.upress.umn).

•Finlandia Foundation has awarded a grant to help fund the **Finnish exhibit** at the Swedish-American Institute's Christmas display. This will help pay for more decorations for the exhibit, and possibly performers to sing during the exhibit. To volunteer, call Marlene Banttari at 651-631-0643.

•Work fatigue and working overtime are strongly associated with **weight gain**, a University of Helsinki report says. The study, published in the International Journal of Obesity, involved 7,000 women and 2,000 men, aged 40-60, all Helsinki city employees. One-fourth of the women and 19 percent of the men said they had gained weight during the previous year. Work fatigue was especially associated with weight gain, the study said. Those who report work fatigue "feel totally worn out after a day at work" and feel their job is too stressful. Among women, dissatisfaction in combining employment and family life was associated with weight gain. Among men, this association was weaker, although the pattern was similar to that for women. Men with high job demands were more likely to have gained weight than men with low job demands.

•One third of Finnish senior citizens enjoy dancing and attend dancing events once a week. It's better than painkillers, they say. Statistics show a good deal of social activity among the elderly in Finland. Only four percent of older women and nine percent of men without families are socially isolated. Women living alone keep contact with other people quite actively. Nearly half meet with friends on a daily basis. Men living alone are more solitary. In 1994 more than half were in daily contact with others. In 2002, less than a third met with other people every day. The study showed that women over 55 are exceptionally active. They do more work than ever before.

When you're through reading this newsletter, share it with a friend!



Finnish American Cultural Activities, Inc.  
P.O. Box 580708  
Minneapolis, MN 55458-0708

## FACA

Finnish American Cultural Activities, Inc. is an organization dedicated to preserving and promoting the cross-cultural heritage of Americans with Finnish ancestry.

### Information

612-374-2718  
[www.finnfaca.org](http://www.finnfaca.org)

## Modern Finnish Design—Hot or Not?

By *Floyd Niskanen*

A large crowd was entertained at the May meeting by a team from Finn Style. Finn Style is an internet and retail business in downtown Minneapolis. It was started by Ben Horn as an internet business specializing in Finnish design products. He later expanded to include the retail store in Minneapolis.

Elina Ruppert, a employee who moved here from Finland some years ago, started the show-and-tell program by introducing the Finn Style team. She then discussed some of her thoughts about the “new” and “old” immigrants from Finland and how we can learn from each other and how we all have interests in Finnish design products.

She talked about how the old Finnish designs are still modern due to their functionality, aesthetics, clarity, and innovation. She showed some samples of *Marimekko* textile products that were popular in the 60’s and 70’s that have been in a revival for the past few years. And she mentioned Tapio Wirkkala’s glassware which is a “hot” design product in London this summer. Oiva Toikka’s birds have been popular for the past 30 years and appear timeless. She ended by talking about the new Finnish design firm, *Tonfisk*, in Helsinki and showed a few of their new functional products.

Ben Horn continued the program by showing a video of Oiva Toikka’s glassworks and how they make the birds. He discussed how globalization is affecting the design and products of Finland and how design firms have to change and consolidate to compete in the global economy—for example, *Iittala* has merged with 7 brands such as *Arabia*, *Hackman*, etc.. He discussed how the designs and manufacturing may come from other countries, and even the designers may be from other countries as globalization progresses.

After the program, the attendees were able to continue discussions of Finnish designs with the Finn Style team and look at more of their product samples. Thanks to the Finn Style team for a very interesting program.